



Why this tour?

- Adventure with nature
- Listen to the sound of animals singing
- Visit the big tree

Trekking Around Trip to Phuphapherng Mountain .

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

trekking

Terrain Steep up and down

- Travel by Jeep from LouangNamTha City to PhuLan Village 36 Kilometers.
- On the way stop by for Coffee at PhuPhet PhuKham farm.
- Trekking to Phuphapherng Mountain. See beautiful nature and wild animals.
- Have Lunch under the big tree.
- Trekking to BanNamSing View Point.
- Travel back to LouangNamTha City.

Where does your money go ?

- Local villages and communities
- Transportation
- Guides
- Food & Water
- National park fee
- Equipment,marketing & profit



Group No:	1	2	3	4	5	6 or more
Price/pax: USD	126	70	65	60	55	50



Why this tour?

- Adventure with nature
- See the sea of mist
- Touching the big trees
- Challenging mountain climbing

Trekking and Camping at PhaLing View point 2 days 1 night.

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

trekking

Terrain Steep up and down

1Day:

- Travel by Jeep from LouangNamTha City to PhuLan Village 36 Kilometers.
- On the way stop by for Coffee at PhuPhet PhuKham farm.
- Trekking to Saipoon River, see water flowing out of the mountain and have lunch.
- Trekking to PhaLing View point and camping, see beautiful nature and wild animals.
- Take a rest and feel the cold weather and sunset.
- You can join us to cook.
- Activities at night BBQ and drink rice whisky.



2 Day:

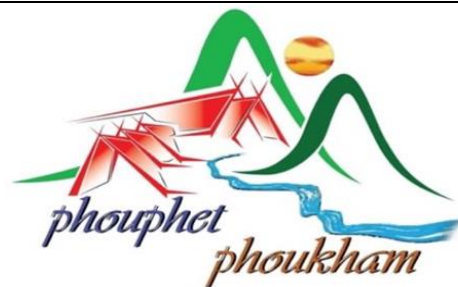
- Breakfast and coffee, admire the sea of fog, look around 360.
- Trekking to the cave and pay a visit to the wonderful tree ‘Gatleen’.
- Trekking to Banana forest and have lunch.
- Trekking to BanNamSing Village on the way you can see beautiful cliffs and enchanting nature.
- Travel back to LouangNamTha City.



Where does your money go ?

- Overhead, equipment, marketing & profit
- Village
- Transport
- Guides
- Food & Water
- NPA
- Taxes

Group No:	1	2	3	4	5	6 or more
Price/pax: USD	200	125	105	95	85	80



Why this tour?

- Hiking in the jungle.
- Experience the way of life of the local communities.
- Camp and enjoy the variety of dishes we will prepare for you.

Trekking, Camping and Homestay 3 days and 2 nights.

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

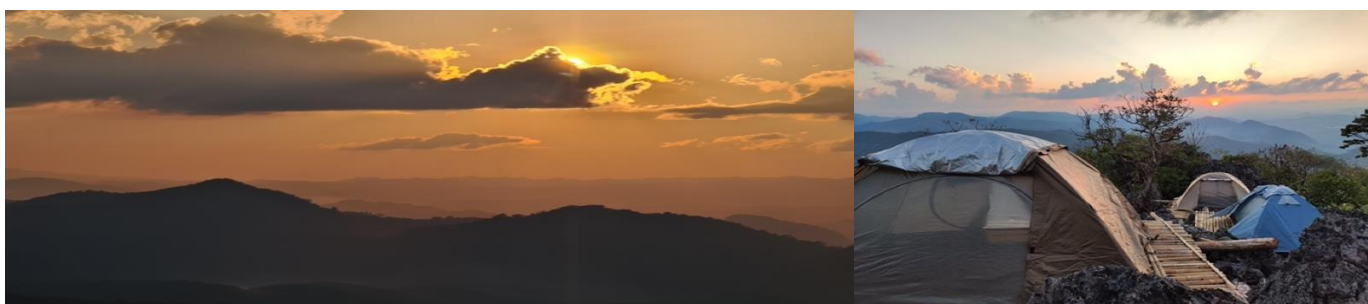
trekking

Terrain Steep up and down

Day 1:

- Breakfast in the morning market.
- Travel by Jeep to start of the hike for 36 Kms.
- Coffee stop at PhuPhet PhuKham farm.
- Beginning of the trek next to the river.
- Jungle trails, big tree “ Gatleen “ and cave visit.
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- Trekking across Banana forest to PhaLing View point and camping .
- Take a rest and relax in front of the beautiful sunset.
- BBQ dinner and taste local rice whisky in bamboo glasses.
- Enjoy a well earned night of sleep under a starful sky.



Day 2:

- Breakfast and coffee while you enjoy views on the sea of clouds surrounding the viewpoint.
- Trekking from PhaLing viewpoint to Lahu village.
- Presentation of the Lahu people and of their ways of living through various activities. (Music, dancing, crossbow shooting, ...)
- Spend the night with a local family in their house.



Day 3:

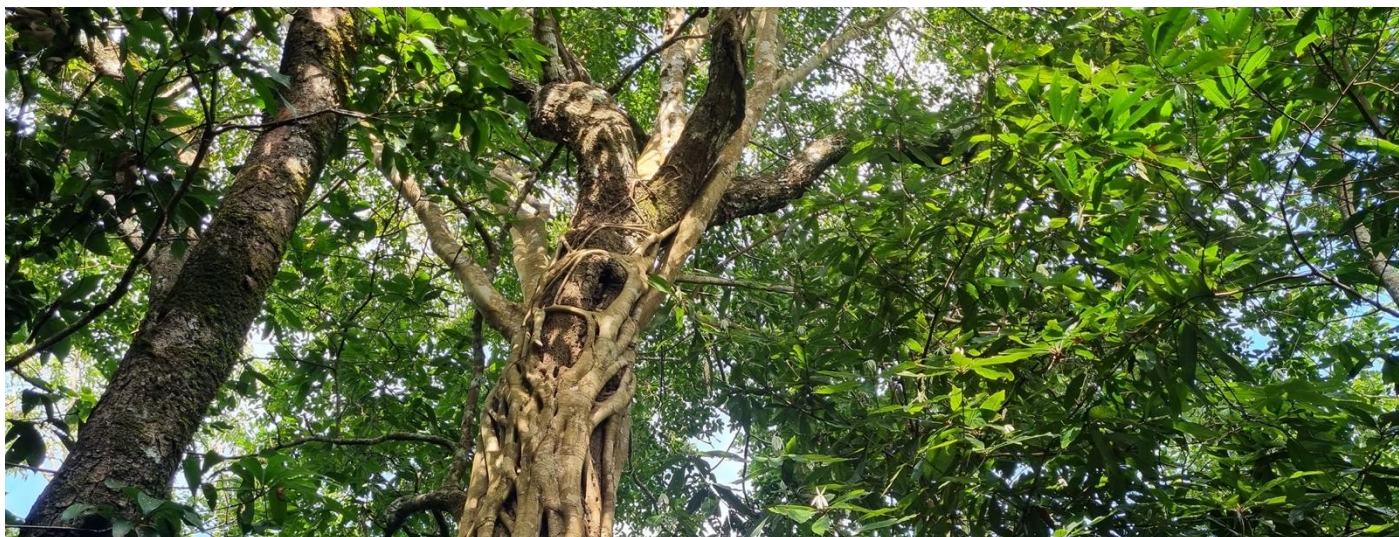
- Breakfast and coffee with Lahu people.
- Hike downhill to Namsing with possible visit of deep caves on the way.
- Pick up in Namsing and lunch at Phuphet Phukham farm.
- Relax and bathe on the P.P. property.
- Jeep back to LouangNamTha City.



Where does your money go ?

- Local villages and communities
- Transportation
- Guides
- Food & Water
- National park fee
- Taxes
- Equipment, marketing & profit
-





What can you expect?

From this 3 days trek, you can experience jungle trekking and get a glimpse of what it feels like to live in and depend of the forest. The trails you will take can be steep and challenging but you will feel like the effort was well worth it when you experience the view from the Phaling Viewpoint camp.

The crew of guides who will accompany you on this walk will provide you with lots of information about the fauna and flora surrounding you. They will also cook delicious meals for you with food often provided directly from plants and trees that grow along the trails.

On the second day, you will visit the Lahu community. They live in a village of 120 people a few hours of walk away from any driveable road. Here, you will be introduced to the family who will host you and they will demonstrate different aspects of their daily life to you. Although you will spend the night with basic comfort, it is a unique opportunity to share a moment with these local communities somewhat stuck in time.

Group No:	1	2	3	4	5	6 or more
Price/pax: USD	280	180	140	120	110	90



Why this tour?

- Adventure with nature.
- Mountain climbing.
- See the Way of life of the hmong tribe to its fullest.
- Water adventure

Trekking, Camping Homestay and Kayaking 3 days and 2 nights.

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

trekking

Terrain Steep up and down

1 Day:

- Travel by Jeep car from LouangNamTha City to PhuLan village.
- On the way stop by for Coffee at PhuPhet PhuKham farm.
- Trekking to BanNamSing Village on the way you can see beautiful cliff rocks and big tree.
- Trekking to Banana forest and eat lunch there.

- On the way to PhaLing viewpoint you can see beautiful forest and the wonderful big tree “ Gatleen “ and the cave .
- Trekking from Banana forest to PhaLing View point and camping.
- Take a rest and see beautiful nature, feel the fresh weather and sunset.
- Activities at night include BBQ and rice whisky tasting.



2 Day:

- Breakfast and coffee, watch the sea of fog and enjoy the view on the surrounding valleys.
- Trekking from PhaLing viewpoint to Blue Lagoon and have lunch there.
- Trekking from Blue Lagoon to BanNamVang Village.



- Here you will meet Hmong and Mo cher tribes.
- See the lifestyle of the Villagers and participate in various activities such as playing local TOP (wood spinning) and shooting crossbows.
- After dinner we will watch a local dancing show and live music band by hill tribes.
- Stay at Homestay .

3 Day:

- Breakfast and coffee, processing of rice mill demonstration by the hill tribes.
- Pick you up on the road and then Kayakking to PhuPhet PhuKham farm where you will have lunch.
- Kayakking from PhuPhet Phukham-Nampoon River – Namjo River – Namha bridge for 3 hours .
- Return trip by jeep to LouangNamTha.



Where does your money go ?

- Overhead, equipment, marketing & profit
- Village
- Transport
- Guides
- Food & Water
- NPA
- Taxes



Group No:	1	2	3	4	5	6 or more
Price/pax: USD	296	180	150	120	110	100



Why this tour?

- Trekking in nature.
- Mountain climbing.
- Water adventure.

Trekking and Kayakking 2 days 1 night .

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

trekking

Terrain Steep up and down

1 Day:

- Travel by Jeep from LouangNamtha City to PhuLan Village 36 Kilometers.
- On the way stop by for Coffee at PhuPhet PhuKham farm.
- Trekking to BanNamSing Village on the way you can see beautiful rock cliffs and big trees.
- Trekking from BanNamSing village to PhaLing viewpoint on the way you can admire the surrounding nature. The highlights will be the wonderful big tree 'Gatleen' and the cave.

- Trekking to PhaLing View point and camping.
- Take a rest and see beautiful nature, enjoy the fresh weather and sunset.
- Activities at night include BBQ and rice whisky tasting.



2 Day:

- Breakfast and coffee, you can watch the sea of fog and look around 360”
- Trekking to Blue lagoon and have lunch.
- Pick you to Kayakking from Nampoon river-Namjo river –Namha river.
- Travel back to LouangNamTha City.



Group No:	1	2	3	4	5	8 or more
Price/\pax: USD	220	130	105	95	85	80



Why this tour?

- Hiking in the jungle.
- Experience the way of life of the local communities.
- Camp and enjoy the variety of dishes we will prepare for you.

Trekking, Camping and Homestay 4 days and 3 nights .

Facts

Rating 1 2 3 4 5 6 7

Hours of 5-6

trekking

Terrain Steep up and down

Day 1:

- Breakfast in the morning market.
- Travel by Jeep to Nam Sing Village for 36 Kms.
- Coffee stop at PhuPhet PhuKham farm.
- Walk through the fields and jungle.
- Trek uphill to the viewpoint for lunch.

- Challenging hike to the campsite on top of the mountain.
- Sunset at Phaling mountain camp.
- Lao dinner with a nice glass of local rice whisky.
- First night camping under a sky full of stars.





Day 2 :

- Morning coffee with a view over the sea of clouds.
- Breakfast at the camp.
- Steep downhill trek to the river.
- Lunch break in the forest.
- Refreshing shower in the river.

- Uphill walk along the dirt road to Nam Vhan village.
- Introduction to the local way of living through various activities. (Music, dancing, crossbow shooting,...)
- Dinner with the villagers.
- Night in local homestay.



Day 3:

- Breakfast and coffee in the village.
- Visit of the village school and interaction with children.
- Hike to the Lahu village and lunch in the forest.
- Presentation of the villagers and of their ways of living.
- Dinner and night in a Lahu homestay.



Day 4:

- Breakfast and coffee with Lahu people.
- Rice beating demonstration from villagers.
- Hike downhill to Namsing with possible visit of deep caves on the way.
- Pick up in Namsing and lunch at Phuphet Phukham farm.
- Relax and bathe on the P.P. property.
- Jeep back to LouangNamTha City.



Where does your money go ?

- Local villages and communities
- Transportation
- Guides
- Food & Water
- National park fee
- Taxes
- Equipment, marketing & profit
-



What can you expect?

From this 4 days trek, you can expect to hike on challenging trails under a roof of lush vegetation with possible leech encounters, camp on a mountain top with a breathtaking view on the surrounding valleys and discover the ways of life of the Hmong and Lahu people.

Your guides will take care of you and give you lots of precious information about the fauna and flora that populates the Nam Ha NPA. They will also provide some delicious meals for you. A big part of the food that you will experience comes from the jungle and the guides will gather it as you follow the trail

The Hmong and Lahu villages that you will have the chance to visit still live in a very traditional way. Although you will spend the night with basic comfort, it is a unique opportunity to share a moment with these local communities somewhat stuck in time.

Group No:	1	2	3	4	5	8 or more
Price/pax: USD	335	195	170	150	135	120



Important information

What is included?

- Drinking water
- Meals
- Transportation
- Accommodation
- Local English speaking guide
- Local assistant guide
- National park fee
- All taxes

Kayaking /Boating

The river flow varies dramatically based on the time of year. At certain times the rapids will require some level of skill to navigate.

Note: A dry bag is provided for your valuables to keep things dry.

Trekking

Most of the trekking in the Nam vang NPA would not be considered easy. The terrain is steep, rugged and covered in dense jungle.

What to bring

- A pair of closed shoes
- Sun protection
- Insect repellent
- Flip flops or water shoes
- Longs pants to protect your legs
- Warm clothes for the night
- A torch or headlamp
- A day pack with room to carry your water. (which we provide)
- If your trek includes a jungle camp you will need to carry a sleeping bag. (Which we provide)

Phouphet phoukham Tour program

